

## **The Heart:**

February 26, 2024

## **Bob Kille:**

- 1. Road of Life is not always straight and easy. There are detours and potholes. God always prepares us for the road ahead. God prepared him by giving him information well before his heart attack in 2005.**
- 2. His grandfather had a blockage in his aorta and doctors installed a synthetic artery.**
- 3. His father had bypass surgery. Then, in his 80s, he had a blockage in his aorta and they installed a stent. The stent blocked an artery to the colon and the colon died. It was removed and doctors replaced his colon with a bag. He died 2 weeks later.**
- 4. Bob is a Mechanical Engineer and went to work for Westinghouse. He traveled to power plants that were gas, oil and coal fired. Some were nuclear. He also worked in chemical plants. Any or all of these might have polluted his body, adding to his risk of heart disease.**
- 5. The first time he heard of chelation was in the 1980s. A friend told him about being at Dr Magaziner and seeing patients getting chelation therapy. He saw a woman with gangrene in her legs and the chelation was healing her legs, from the knees down.**
- 6. He heard a story on the radio in the early 1990s of a heart attack experienced by the radio host, and the hospital recommended a quad bypass. He already knew about chelation from Dr Magaziner. He checked himself out and he went for chelation and reversed the clogged arteries. This was about 10 years before Bob's heart attack.**
- 7. Chelation therapy was developed in the 1950s for heavy metal poisoning. Later, it was used for arthritis, macular degeneration, diabetic circulation problems, strokes, and heart disease.**
- 8. For Bob, intravenous EDTA (ethylenediamine-tetraacetic acid) was used weekly from 30 min to 2 hours each time. It's an amino acid that binds to the minerals and metals, then comes out in the urine for the next 24 hours. This removes the calcium containing plaque. After the initial therapy, doctors recommend follow up therapy once/month.**
- 9. Termite treatment with Dursban in 1994 poisoned Bob's wife. She got Multiple Chemical Sensitivity (MCS) where she became sensitive to all petrochemicals. They both were under extreme stress for the next 11 years until Bob's heart attack. Once, while she was in a severe reaction, he drove her all the way to Tennessee to stay with their son. In 2003 they bought the farm in NY and sold the house in NJ. So a combination of chemicals and extreme stress led to the heart attack.**
- 10. The heart attack was in 2005: There were no symptoms ahead of time. He was doing heavy farm work daily. One day, he had Shortness of breath and went to the hospital. They diagnosed his heart attack and recommended bypass surgery. He said he was going to go for chelation therapy and was leaving the hospital. Three doctors tried to keep him there for surgery. They said there was no evidence for chelation, and Bob told them that the mainstream journals wouldn't publish the science on alternatives. They had him sign a document with bold letters at the top - AMA (Against Medical Advice).**
- 11. Bob tried to get to Dr Magaziner's office in NJ, and he was booked up. So he moved in with his sons in Tennessee and went to a chelation place down there called the Castle. The chelation was tailored to the specific needs of the patient. He had 30 infusions, 2/week, over 4 months.**

**It cost about \$110/infusion for a total of \$3300, and insurance doesn't cover it. Today it might cost \$5000.**

**12. It was 17 years, until 2022, when he had his second heart attack.**

**13. It was advised to have chelation once/month. When he tried to get chelation back home in NY. The doctor said in NY it would be illegal to give chelation for heart. It was only legal for heavy metal poisoning. So he was unable to get the monthly chelation for maintenance. Now he's going to try to chelation therapy again.**

**14. Herbs he takes for the heart:**

**Cilantro is an herb that is good for removing heavy metals such as mercury, lead and aluminum.**

**Brazil nuts reduces LDL cholesterol.**

**Apple cider vinegar help remove heavy metals from the arteries.**

**Vitamin C reduces LDL levels and keeps blood vessels flexible.**

**Hawthorn berry treats high blood pressure, heart disease, high cholesterol, and improves circulation.**

**Cayenne pepper improves blood flow and strengthens the heart, capillaries, heart and arteries.**

**Ginger root lowers blood pressure and reduces stickiness of platelets.**

**Garlic and onion help control cholesterol and reduce clot formation.**

**Gotu kola controls atherosclerosis.**

**Cinnamon controls blood sugar, triglycerides.**

**Valerian reduces stress and anxiety.**

**Turkey Tail mushroom is a super immune booster.**

**Magnesium supports nerve and heart health.**

**Cardio-chelate is a chelation supplement to remove heavy metals and calcium.**

**You must take minerals to replace the minerals removed by chelation.**

**MSM - reduces inflammation of the heart.**

**CoQ10 or Ubiquinol increases energy in the mitochondria.**

**Bob is taking these supplements now, but he had stopped because life got too complicated after the initial chelation therapy. He also did not overcome the obstacles to continuing chelation maintenance. He hopes to find a way to restart iv chelation therapy.**

**15. Now, Bob feels great. He goes for walks everyday and exercises. His appetite has come back.**

**16. He had no side effects to the chelation, although mainstream medicine gives warnings.**

**Sue, Nancy, and Jennifer** talked about their experiences with MCS. They could relate and sympathize with the suffering that Bob and his wife had gone through.

**Connie** explained that after her son's poisoning with Dursban, he developed MCS. The poisoning was confirmed with the same blood test used to detect poisoning of Sarin nerve gas. It acts like Sarin nerve gas and had many of the neurological and other effects that soldiers sprayed with nerve gas experienced. Through this experience, she met them and many others who had been poisoned. Dursban was the most widely used insecticide in the country from about 1986 through 1997. It was regularly sprayed in homes, offices and schools for ants, roaches, and termites. There were law suits, but they would be settled out of court with a gag order, so the public was kept in the dark. A law passed in 1996 required the EPA to consider the toxicity of pesticides on children. It was after this that the EPA began to study

the effects of Dursban (chlorpyrifos). Connie and Bob and his wife, also Connie, were among those who testified before the EPA about their poisoning. Dursban came off the market for all residential use around the year 2000.

**Sue:** Her doctor was also threatened for doing chelation for heart problems, but she won in court. Both Sue and Nancy had chelation from this doctor.

**Connie: After note:** We take ubiquinol instead of CoQ10 because, like many others, we heard that it is a more usable form of CoQ10. But, I did a google scholar search of the literature and this is evidently not always true. In some studies, CoQ10 was more effective in reducing cardiac deaths over time than ubiquinol. One comparative study showed the some elderly men responded better to Coq10 and some responded better to ubiquinol. Since ubiquinol is more expensive, I think we will change back to CoQ10 200 mg.

This is the ubiquinol we've been using: <https://www.swansonvitamins.com/p/swanson-ultra-maximum-strength-pure-natural-ubiquinol-200-mg-30-sgels>

This is the CoQ10 - it's on sale now. I think we'll switch back to this.

<https://www.swansonvitamins.com/p/swanson-ultra-pure-natural-coq10-200-mg-20-mg-tocotrienols-200-20-mg-60-sgels>

**Nancy:** Had chelation for her MCS (Multiple Chemical Sensitivity) and heavy metals. First, they analyzed her heavy metals status. For chelation, she had both DMPS and EDTA. She only had 8 chelations and her heavy metal levels came down fast. She was told by doctors that she would not get better from MCS, but she did get better through detox. Her MCS began as she worked in a basement of a school as an art teacher. There were many chemicals in the school basement. She believes that MCS people have a higher incidence of cancer because the mitochondria don't work well. MCS coincides with hypothyroidism.

**Jennifer** - Didn't experience a single incident that caused her MCS. It coincided with chronic fatigue and immune disfunction, but it happened after attending a continuing education course. For years, she lived at school and the office, which was exhausting. Exhaustion helped contribute to the MCS. The MCS got so severe that an exposure to cigarette smoke on the highway would bring on a headache that could last for weeks. It was very debilitating.

**Sue:** Congratulates Bob on being so courageous to walk out of the hospital.

**Bob:** He thought as he walked out of the hospital, 'this may be the last decision I ever make'. He says the Lord led him to the information on chelation that saved his life.

**Bob: 2022:** Second heart attack - no symptoms. He was visiting a friend in NJ and, while they were in Costco's, he just passed out. A nurse in the isle did CPR and used a defibrillator. His heart stopped 4 times before he got to the hospital in NJ, where they inserted 3 stents. Again, he refused bypass therapy.

**March 2023:** Another heart attack and only experienced breathing issues. The doctors found that 2 stents were already clogged. They cleaned them out. Again, Bob refused bypass surgery.

**Jennifer** - was told that her blood is sticky.

**Bob** was told years ago that his blood is ‘thick’, too thick to donate blood. He needed more hydration. He will start taking serrapeptase or Nattokinase, which is more effective but more expensive. These enzymes break down clots, as well as the spike protein.

**Sue** - Her fibrinogen is high, which leads to excess clotting. She takes Nattokinase, an enzyme that breaks down the clots, on an empty stomach.

**Nancy: Boston Heart Diagnostics.** - Performs extensive tests pertaining to the cardiovascular system. Expensive, but may wave expenses. <https://bostonheartdiagnostics.com/>. She also uses Lifeline Screening for ultrasound of carotid arteries, femoral arteries and abdominal aorta. These check for clogged arteries.

She also has a card that is zero point energy, which she puts under food and supplements. Biopro technology makes the Smart Card.

**Liz:** - Exclusion or structured water can be made or gotten from fresh vegetables. Natural spring water is structured.

**Bob** - You can also put food and water on a magnet to structure the water and improve structure.

**Connie** - These are super strong magnets:

[https://www.amazon.com/gp/product/B008CQ9A3M/ref=ppx\\_yo\\_dt\\_b\\_search\\_asin\\_title?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B008CQ9A3M/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1)

Videos explaining the effect of these magnets on water:

<https://youtu.be/eWmr2T-hM8?si=Ni06e5oO9351ENj9>

<https://youtu.be/avSswCmwH18?si=42zrNckFsnNA-ewd>